

2011 Clinical Practice Guidelines Updated and Approved

As part of our commitment to provide you with the latest clinical information and educational materials, we have adopted nationally recognized clinical practice guidelines, access to which we make available to providers through our website. The guidelines, which we use for our quality programs, are based on reasonable medical evidence, and are reviewed for content accuracy, current primary sources, the newest technological advances and most recent medical research. We have created links from our website to these guidelines.

CommunityConnect HealthPlanSM recently updated its Clinical Practice Guidelines. Our Physician Quality Improvement Committee reviews these changes at quarterly meetings. Guidelines sites are checked and updates to the list can occur throughout the year. For a current list of guidelines, refer to our website.

The guidelines are available online at www.CommunityConnectHealthPlan.com by following these easy steps:

- Enter www.CommunityConnectHealthPlan.com into the URL address field of your search engine. Click on **Providers: Let us show you how** in the green box on the right
- Select **Quality Improvement** from the list on the left
- Open the link titled **Clinical Practice Guidelines**

We have updated the following guidelines and information on our website:

Diabetes

American Diabetes Association (ADA) – 2011 Clinical Practice Recommendations
Diabetes Care. Vol. 34, Supplement 1, January 2011

COPD

Global Initiative for Chronic Obstructive Lung Disease (GOLD)

Global strategy for the diagnosis, management, and prevention of chronic obstructive pulmonary disease. Bethesda (MD): GOLD; 2010

Chlamydia/HPV

Center for Disease Control and prevention

Sexually Transmitted Diseases Treatment Guidelines 2010

Obesity – Children (replaced older guidelines with the following)

Expert Committee Recommendations Regarding the Prevention, Assessment, and Treatment of Child and Adolescent Overweight and Obesity: Summary Report Pediatrics. Vol. 120 Supplement December 2007, pp. S164-S192

U.S. Preventive Services Task Force recommendation statement
Screening for obesity in children and adolescents – January 2010

Coronary Artery Disease for Women

American Heart Association

Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women 2011 Update: A Guideline from the American Heart Association

Behavioral health (removed older guideline; the following guideline remains)

American Academy of Child and Adolescent Psychiatry (AACAP)

Practice Parameters for the Assessment and Treatment of Children and Adolescents with Attention-Deficit/Hyperactivity Disorder

Journal of the American Academy of Child and Adolescent Psychiatry, 46:7, July 2007, p. 894-921

Chronic Heart Failure (updated to incorporate 2009 focused update of the previously posted 2005 Guideline)

American Heart Association/American College of Cardiology

2009 Focused Update Incorporated Into the ACC/AHA 2005 Guidelines for the Diagnosis and Management of Heart Failure in Adults

Journal of the American College of Cardiology 2009; 53:1-90

We have added the following guideline:

Maternity/Perinatal

American College of Obstetrics and Gynecology/American Academy of Pediatrics

Guidelines for Perinatal Care (6th edition, 2007)

(A **summary** is available on our web site; guidelines are not freely available)

Benefit plans differ and CommunityConnect HealthPlan may not provide coverage for all services discussed in the Clinical Practice Guidelines. If you are uncertain regarding coverage of a particular service, please contact our Customer Care Center at **1-877-350-6074** for more information.